Spring 2009 West Hills Football Maxes

DBS	Bench	Cleans	Squats	RBs	Bench	Cleans	Squats
Ashley, Mike	280	235	315	McFarlin, Destin	225	225	315
Parker, Jay	255	215	365	Tyson-Thomas, Rasuel	260	285	445
Robison, Donald	255	245	295	Dominique Isom	315	225	445
Jones, Jeff	275	275	445	Jenkins, Adrian	325	235	345
LBS				**QBs**			
Espinoza, Adam	285	235	405	Gelakoska, Jake	245	205	280
Guizar, Alex	280	265	385	Humphrey, Tate	260	235	355
Heard, Josh	315	245	475				
Ruffin, Mike	290	225	405	**Oline**			
Lawson, Marcus	370	245	495	Black, Jeremiah	295	245	495
Thompson, Marcus	335	285	545	Davis, Clayton	365	220	325
Houston, Dominique	275	245	385	Davis, Corey	375	235	
Palsey, Jeff	165	125	225	Foilefutu, Troy	335	260	435
				Kinlow, Isreal			
DL							
Barragan, Adam	315	225	455	**WRs**			
Boyd, James	295	265	425	Bowman, Michael	225	245	425
Hawthrone, Chester	295	225	300	Eitson, Eric	275	165	225
Johnson,Jeremy	360	285	405	Epps, Joseph	275	225	440
				Gamble, Montel	250	205	225
				Harris, Rhakeem	290	225	335
				Jakabowski, Travis	225	185	295
				Johnson, Jamar			
				Kearse, Ben	245	235	315
				Larry, Demetrious	235	205	275
				Wafer, Antoinne	240	195	325